

Walking Trails in the Niagara Region

(based on material published by the Niagara Region)



Fort Erie

Friendship Trail

This 13.6-km asphalt and paved multi-use trail extends from Gorham Road in Ridgeway to Historic Fort Erie on Lakeshore Road at Niagara Boulevard. This includes travelling along Edgemere and Lakeshore Roads. Eventually, this trail will be connected to the Niagara River Parkway Recreation Trail and to Port Colborne.

Stevensville Conservation Area

Access this 49-hectare site on Ott Road, just north of Main Street. Stroll through this area's Carolinian forest, meandering Black Creek and wetland to appreciate nature.

Grimsby

Beamer Memorial Conservation Area

Located on Quarry Road just north of Ridge Road. This area features picturesque views of the Forty Mile Creek Valley, the Lake Ontario shoreline and the escarpment ridge. Marked nature trails provide access to 3 observation platforms, one of which is wheelchair accessible. The **Bruce Trail** can be accessed via the Beamer Falls Side Trail.

Woolverton Conservation Area

Located on Woolverton Road, south of Main Street West, is this 18-hectare area. Features a hardwood forest, along the **Bruce Trail**, that allows walkers to bird watch and appreciate nature

Lincoln

Mountainview Conservation Area -

Located south of King Street on Mountainview Road, It provides another access point for the **Bruce Trail**. Unique views of the Iroquois plain and Lake Ontario can be seen from various look points throughout the area.

Louth Conservation Area

Louth Conservation Area is located east of 17th Street on Staff Road. The area is located along side of Sixteen Mile Creek. This area provides access to the **Bruce Trail** for hiking and a magnificent view of the stream as it cascades over a 50-foot waterfall and flows over a rocky stream below the escarpment.

Pelham

St. John's Conservation Area

Located on Hollow Road, just north of Baron Road. Walkers will find nature trails that feature the unique Carolinian zone and a small cold water trout pond

Steve Bauer Trail

This 6-km multi-use trail stretches from Fonthill to Welland. Start in Fonthill at Quaker Road and Line Avenue. Follow the stone chip rail bed, roads and stone chip path through several developments and end at the Welland River.

Port Colborne

Mud Lake

Mud Lake is located off of Elm Street, south of Regional Road 23, and is situated beside the old Welland Canal. This is a wetland property that has short trails that lead to observation sites where many migratory birds can be viewed

Welland Canals Trail

Follow this stone dust trail along the Welland Canal from Welland to Sugarloaf Harbour in Port Colborne. Sections running from Port Colborne to Fort Erie are under construction.

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Niagara-on-the-Lake

Woodend Conservation Area –

The area spans 45 hectares atop of the Niagara Escarpment and encompasses hiking trails marked throughout the Carolinian forest. Entrance to this area is off Taylor Road. Travel south from the Q.E.W. exit 38, Glendale Avenue/York Road, to access Taylor Road. There is also access to the **Bruce Trail**.

Niagara Falls

Baden Powell Park

Located on Montrose Road, south of the Welland River. This park offers a naturalized, walking area.

E.E. Mitchelson Park

Access the park area off of Glendoone Street, just south of Huggins Street. An asphalt trail exists between the senior soccer pitch and the remaining soccer pitches. Walking loops can be followed to the west in the vicinity of St. Paul High School or to the east around Notre Dame School.

Haulage Road Trail

This 1.5-kilometre asphalt route is located on a former Haulage Road. Access the route's northern point by travelling south-east from the Mountain Road and Dorchester Road intersection to St. Paul Avenue.

Chippawa Lions Park Fitness Pathway

A 2 km asphalt path of two loops located south of Main Street along Oliver Street. This path is lit for evening walking.

John N. Allan Park

Access this walking trail off of Kalar Road, just north of McLeod Road. Walk along the asphalt pathway or take the short natural loop through the existing wooded area.

Millennium Trail

This asphalted trail extends 2 kilometres from McLeod Road at Oakwood Drive to Lundy's Lane. Notice the various trees, birds and wildlife as you walk along the trail.

Niagara Parkway - Niagara Glen to the Floral Clock

This 6-kilometre route starts at the Niagara Gorge (located on Niagara Parkway), continues along the Parkway to the Botanical Gardens and ends at the Floral Clock. Take a walk down the Gorge to extend your walk and increase your walk's physical demand.

Niagara River Parkway Recreation Trail

This 56-kilometre trail runs parallel to the Niagara River and is a part of Trans Canada Trail Link. The trail begins at Fort George in Niagara-on-the-Lake and ends at Anger Street in Fort Erie. Begin your walk anywhere along this multi-use, paved trail to enjoy the natural features of Fort Erie.

Niagara, St. Catharines & Toronto Right of Way

Consists of a natural pathway from Meadowvale Drive to Drummond Road. This route passes through Meadowvale and Lind Sommerville Parks and crosses a number of streets. To complete a loop, travel south along Drummond Road, west along Morrison Street, then north along Dorchester Road.

Oakes Park Track/Fairview Cemetery

Oakes Park, located on Morrison Street just west of Stanley Avenue, offers a rubberized surface and lighting at night. Across the street, Fairview Cemetery allows you to lengthen your walk as you follow the path around its perimeter.

Shriners Woodlot/Mount Carmel Parks

Both parks are located on Mount Carmel Boulevard, just west of Montrose Road. Through connected pathway systems both of these areas offer a quiet walk in a natural setting.

Walking Trails in the Niagara Region

Queenston

Queenston Heights Park

Queenston Heights Park is the starting point of **the Bruce Trail**, which winds its way northward over 900 kilometers to Tobermory. This trail passes along the Niagara Escarpment, which has been recognized as a world biosphere by U.N.E.S.C.O. The Bruce Trail is a footpath only.

St. Catharines

Bruce Trail

The Bruce Trail is a continuous footpath that follows the Niagara Escarpment from Queenston to Tobermory. A 20-kilometre section with associated side trails winds through St. Catharines. Points of interest along the route include Short Hills Provincial Park, Morningstar Mill, Brock University and all of the historical Welland Canals.

Burgoyne Woods

Located in south St. Catharines on Edgedale Road, east of Glenridge Avenue, this 49-hectare park is a nature lover's retreat. It features a front loop that is paved and wheelchair accessible. The back loop surfaces vary with tar, wood chips, and exposed earth.

Green Ribbon Trail

Located on Old Martindale Road, this 529-metre path is bounded by Martindale Road and Third Street Louth. Stations found along the path indicate particular aspects of the wetland. Stations include information about plants, fish, birds, reptiles, amphibians and mammals. This trail is a class one wetland and is dedicated to missing children.

Harbour Walkway

Found in Port Dalhousie, this 3-kilometre trail is comprised of a combination of stone dust, concrete, and boardwalk. This trail extends from the base of the pier at Lakeside Park through the park to the commercial core area. The walkway passes through Lockhart Point and ends at the Locktender's Shanty.

Merritt Trail

The Merritt Trail is an 11-kilometre stonedust and earth surface, multi-use trail. Begin your walk at Martindale Road and Lakeshore in west St. Catharines and continue to Bradley Street and Townline Road in south St. Catharines. Extend your walking distance to 45 kilometres by linking to the **Bruce Trail**, Participark Trail, Green Ribbon and Waterfront trails.

Participark Trail

This 2-kilometre stone dust path winds through St. Catharines along the west bank of Twelve Mile Creek valley between St. Paul Crescent and Glendale Avenue. A loop can be made along the eastern bank of the creek, along a rougher natural terrain path. Wheelchair access is available at all access points.

St. Catharines Recreational Trail System

Begin your walk in Port Weller and connect to all of the St. Catharines Trails system. A loop opportunity can be created using the abandoned rail line west of Bunting Road.

Terry Fox Trail

The Terry Fox Trail is a 1.5-kilometre path in central St. Catharines that extends from Carlton Street to Geneva Street. Visit the six exercise stations to intensify your walk. Exercises with instructions are included at each station.

Walker's Creek Trail

A stonedust path begins on Linwell Road and follows the meandering waters of Walker's Creek to Cindy Drive.

Waterfront Trail

The Waterfront Trail is a 325-kilometre trail that winds along the Lake Ontario shoreline from Trenton to Niagara-on-the-Lake. In the Niagara Region, start your walk at Third Street Louth and Main Street in Port Dalhousie. Make your way towards Lakeshore Road and Read Road to experience a rich variety of natural settings.

Walking Trails in the Niagara Region

Glenridge Quarry Naturalization Site

A few years ago, this site was an active municipal landfill. With the input of local residents, the landfill was transformed into Niagara's Central Park. Take time to read the many interpretive panels throughout the site. These provide in-depth information about various site features, site history, Niagara Escarpment history. This site links to the **Bruce Trail**.

Vineland

Ball's Falls

Located on Sixth Avenue, just east of Victoria Avenue (Hwy 24), is this 567 hectare historical park and conservation area. **The Bruce Trail**, Twenty Valley Trail and other trail systems are marked throughout the natural areas of Ball's Falls.

Rockway Conservation Area

Located alongside Fifteen Mile Creek. Enter from Ninth Street, just south of Highway 81 (King Street). This 126-hectare area provides access to the **Bruce Trail** and an ideal spot for hiking, bird watching and appreciating nature.

Wainfleet

Morgan's Point Conservation Area

This area is located on Morgan's Point Road, just south of Lakeshore Road. Hike along the lakefront bedrock shoal outcrop, sand dunes, tall grass meadow, woodlot and open areas to appreciate nature.

Long Beach Conservation Area

Located west of Hwy 3 on Long Beach Road (Regional Road 3) is Long Beach Conservation Area. This area features 915 metres of sandy beach and 56 hectares of groomed hiking trails through open areas and natural forest lands.

Wainfleet Wetlands Conservation Area

Found south of Hwy 3 on Quarrie Road is this 179-hectare property that features wetlands, woodlots and two large abandoned limestone quarries. Short trails lead to quarry sites where bass can be observed.

Welland

Merritt Island

This 4.2-kilometre multi-use trail begins at a parking lot just north of the Welland Water Treatment Plant and runs north between the old canal and the Welland River. A paved path, with a small section of stone chip trail, runs beside the river.

Stop 19 Trail

Begin your walk north of Thorold Road West and continue along the Welland River to Quaker Road. Here, the trail joins to the Steve Bauer trail. This 4.4-kilometre trail is mainly stone dust and is accessible by wheelchairs and strollers.

Welland Canals Trail

This is a multi-use, asphalt trail that will stretch from Lakeshore Road, St. Catharines to Clarence Street, Port Colborne. To date, a 10-kilometre section from Lakeshore Road to the flight locks in Thorold is complete.

Miscellaneous Trails

Short Hills Provincial Park

This 688-hectare natural environment south-west of St Catharines, features six established trails designated as either shared use hiking/cycling/horseback riding or as hiking only. Three different access points to the park can be found -- Roland Road in Pelham, Wiley Road in Thorold, Pelham Road in St. Catharines. There is also access to the **Bruce Trail**.